

PSHE	Relationship Education	Year 3	Autumn 1
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Key Knowledge

The qualities of a good friend	<ul style="list-style-type: none"> • Recognising qualities of a good friend in ourselves • The different way in which we can demonstrate friendship
Working together	<ul style="list-style-type: none"> • How co-operation helps a friendship • The different challenges that exist within group work
Repairing relationships	<ul style="list-style-type: none"> • What common disagreements occur within friendships • What solutions and actions can help repair friendships
Respecting differences	<ul style="list-style-type: none"> • What gender stereotypes are and how these can impact on future aspirations • How certain age groups are judged together and stereotyped • That there are many different disabilities in our world • That disabled people should not be discriminated against, limited or judged by their disabilities
Courtesy and manners	<ul style="list-style-type: none"> • Recapping basic manners such as taking turns, saying please and thank you etc. • The impact of manners on others
E-Safety	<ul style="list-style-type: none"> • The knowing someone online isn't always the same a real life • What to do if an online encounter makes them feel uncomfortable

Statutory requirements

- The characteristics of friendships.
- That healthy friendships are positive and welcoming towards others.
- How to judge when a friendship is making them feel unhappy or uncomfortable and how to seek help or advice from others, if needed.
- That most friendships have ups and downs, and that these can often be worked through.
- The importance of respecting others, even when they are very different from them.
- What a stereotype is, and how stereotypes can be unfair, negative or destructive.
- That people sometimes behave differently online, including by pretending to be someone they are not.
- The rules and principles for keeping safe online.

Key vocabulary

Spelling	Definition
Co-operation	The act or process of working together to get something done
Challenge	Something that can require effort to achieve
Disagreement	To have different ideas or opinions
Aspirations	A strong desire to achieve something
Stereotypes	An assumption about what someone will do or how they will behave based on what social groups they belong to
Disability	A physical or mental impairment that has a negative effect on your ability to carry out normal daily activities
Discrimination	When someone is treated differently or unfairly because of things such as your age, gender, religion, race, disability etc.

Books

Jordan Collins	It's great to work together
Sue Graves	Rhino learns to be polite
James Catchpole	What happened to you?
Elina Ellis	The truth about old people

