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What's New?
29th Feb 24

Booking open for: Our Voice presents: Get to Know Health and Therapies: 13th March



Our Voice presents: Get to know Health and Therapies

We are delighted to announce that booking is now open for 'Our Voice Presents: Get to Know Health and Therapies' – the third in this series of events which give parents and carers an exceptional opportunity to speak directly to the Heads of service areas supporting children and young people with Special Educational Needs and Disabilities.



In this session, we will be joined by Enfield's Designated Clinical Officer and representatives of Speech & Language Therapy, Dietetics, Occupational Therapy, CAMHS (Child and Adolescent Mental Health Service), Transition to Adult Mental Health and Paediatrics

Registration from 9.30 am	
10 – 11.15 am	Panel Q&A session
11.15 – 11.30	Coffee break
11.30 am – 12.30 pm	Either: Building a Connection with your child (intensive interaction) OR: What you need to know about the GP Learning Disability Register and Annual Health checks OR: 1:1 appointments (subject to availability)

Wednesday
13th March 10 am to
12.30 pm

(registration from
9.30 am)

At the Park Avenue
Disability Centre,
Bush Hill Park,
EN1 2HL

Sign up at

<https://ovgettoknowhealth.eventbrite.co.uk/>

For more information see the full brochure on our website events page at <https://www.ourvoiceenfield.org.uk/events/show/170>

Or contact Our Voice on Telephone 07516 662315 or Email info@ourvoiceenfield.org.uk

Don't forget to book your place for 'Our Voice Presents: Get to Know Health and Therapies' on Wednesday 13th March.

We'll be joined by a panel of key professionals from across Health Services and Therapies – you can see the current list on our website events page [here](#), along with all the details about the event.

Book your place [here](#).

Our Voice drop-in sessions at the Ponders End Youth and Family Hub

We have two more of our regular drop-in sessions at the Ponders End Youth and Family Hub before the Easter break:

- On Wednesday 6th March we will have an informal 'cuppa and chat session'
- On Tuesday 19th March (12 – 2 pm) we will be joined by Rachel Walker who heads up the Enfield Advisory Service for Autism (EASA). Rachel will talk about what EASA does and answer your questions. EASA is an important support for Autistic children and young people and their families, irrespective of whether or not any diagnosis is in place.

We are planning more dates for the Summer term and will be announcing these shortly, including the names of our special guests. Watch our events page [here](#) for details.



Our Voice drop-in service For parents/carers of children & young people aged 0-25 with Special Educational Needs/ Disabilities At the Ponders End Family and Youth Hub



Join members of the Our Voice team for our regular drop-in sessions at the [Youth and Family Hub](#) in Ponders End.

Wednesday 6 th Mar Cuppa & Chat	10 am to 1 pm
Tuesday 19 th Mar With special guests Enfield Advisory Service for Autism	12 pm to 2 pm

See the [Our Voice events page](#) for more information and further dates.

<https://www.ourvoiceenfield.org.uk/events>

Our Voice is the official parent carer forum supporting the families of children and young people aged 0 -25 years with Special Educational Needs or Disabilities, living or attending school in the London Borough of Enfield. We are not part of the Local Authority but we work with them to improve services for the families that we represent.

**Ponders End Youth and
Family Hub
129, South Street, Enfield,
EN3 4 PX
(next to Oasis Hadley
Academy)
Drop in – no need to
book**



An opportunity to talk to one of the parent carers from the Our Voice team about any questions you may have, and to chat with other parents of children with additional needs.

Positive Behaviour Support drop in tomorrow

Monthly Positive Behaviour Support drop ins are run at Cheviots on the first Friday of each month during term-times. The next session is tomorrow, Friday 1st March.



Parent and Family Positive Behavioural Support (PBS) Coffee & Catch-up Sessions

These informal drop in sessions offer the following:

- The opportunity to chat with Specialist PBS practitioners either as part of the group or one on one about any challenges you may be experiencing to do with your child/young person's behaviour.
- The chance to discuss and review Positive Behavioural Support strategies/tools you may already be using.
- Meet & chat with other parents and carers.
- Specific sessions covering a range of topics such as teaching new skills, well-being/self-care, and intensive interaction.

The next session will be held on:

First Friday of each month (currently term time only)

Address:

Cheviots Children's Disability Service

31 Cheviot Close

Enfield

EN1 3UZ

Any questions or if you would like to book an interpreter or crèche for your child during the session please email either:

Lucy.Canton@enfield.gov.uk or Gina.Giles@Enfield.gov.uk

These sessions are currently open to families who have children with SEND

Rising to Reception: 5th and 12th March

'Rising to Reception' is a programme aimed at the families of children with communication difficulties who are due to start primary school in September 2024 (i.e. born between 1st September 2019 and 31st August 2020).



The Enfield Communication Advisory Support Service (ECASS) and partners will be running the series of **Rising to Reception** sessions throughout the year to help prepare your child for starting school.

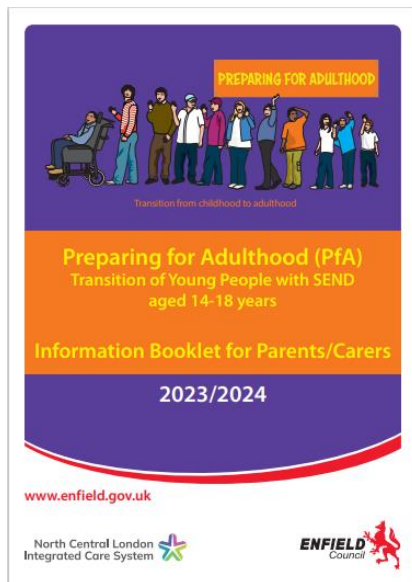
Children with communication difficulties can find transitions to new settings challenging, so ECASS have teamed up with colleagues and volunteers across Enfield to put together an exciting series of online information sessions to prepare you for the big day next September.

You can see the whole programme of events and the link to register your interest, in the booklet [here](#).

The next sessions on 5th and 12th March will be with Educational Psychologists from the ECASS Service who will talk to you about tips and strategies to prepare your child for transition, and support your child's mental and emotional health and behaviour.

If you have any queries, please contact the ECASS team at: RisingtoReception@enfield.gov.uk

Preparing for Adulthood: Health Services and Getting Healthy Friday 8th March



Preparing for Adulthood or 'PfA' is the process of moving from childhood to adulthood (including from child to adult services) and the resources and events to support you and your young person through that process.

The new booklet outlining the process (for 2023 – 2024) has now been published and can be found on the Local Offer [here](#) and on the Our Voice website PfA page [here](#). You can also see more information on the Our Voice news page [here](#).

We recommend that you start to attend Preparing for Adulthood Events when your young person reaches year 9 (although you can start earlier if you wish). These events provide opportunities to talk to professionals and other parents who can give you advice and information to help you and your young person make the right decisions about their future.

There is a programme of events outlining different aspects of the transition. You can see the list of programme events set out on the Local Offer [here](#) including links for joining online events. The booklet explains what each event is about. If you are unable to make it along to any of the events, you can see the presentations [here](#) (scroll down to the bottom of the page).

The next event will be 'Getting a Home' on Friday 8th March – see below for details:

Date	Time	Subject	Venue
8 Mar 2024	10:30 – 12:30	Health Services and Keeping Healthy This event will help you to understand the different ways in which health services are delivered once your young person becomes 18. Find out about: <ul style="list-style-type: none"> • the Community Nursing Team • the annual health check • how the Hospital Passport can help to make visits to the hospital run smoothly • vaccinations and decision making • what help there is in the community to help young people stay healthy. 	Waverley School 105 The Ride Enfield EN3 7DL

SEN coffee morning

Join other parents at this SEN coffee morning in Costa Coffee Cockfosters, from 9.30 am - 11 am tomorrow, Friday 1st March.

Unfortunately Our Voice can't make it along on this occasion but we hope to make it along to some of the future sessions.

Please note that these events are not organised by Our Voice – if you have any questions, please contact Elena at senwithlena@hotmail.com

SEN COFFEE & CHAT MORNINGS

To all Parent/Carers of children on the AUTISM/ADHD Spectrum, I would love for you to join me and other parents for my SEN Coffee & Chat Mornings.



DATES RUNNING 2024

**Friday 12th January, Friday 2nd February, Friday 1st March
Friday 5th April, Friday 3rd May
Friday 7th June & Friday 5th July**

(All joined by OUR VOICE team member)

**COSTA COFFEE
16 Station Parade
Cockfosters
EN4 0DN
9.30am-11am**

Instagram @sen_with_elena
For more info
email me on senwithlena@hotmail.com

Play and Leisure



This Saturday 2nd March there will be a relaxed (and audio-described) showing of 'Migration' at Cineworld Enfield, at 11 am.

Don't forget you can use your CEA card when visiting the cinema with a disabled child, to get a free ticket for an accompanying adult – see [here](#) for information.

Booking [here](#).

You can see more about other SEND-specific and inclusive activities in and around the Enfield area, in our 'What's On – play and leisure' guide on our website [here](#).

We hope that you have found our newsletter useful. If you have any feedback, or anything that you think we could be telling our families about, please let us know. Our contact details are:

Telephone 07516 662315 Email: info@ourvoiceenfield.org.uk

Website: www.ourvoiceenfield.org.uk

You can also follow us on our Facebook page at <https://www.facebook.com/ourvoiceenfield/>

on [Twitter@EnfieldOurVoice](https://twitter.com/EnfieldOurVoice) and on Instagram at

<https://www.instagram.com/ourvoiceenfield/>

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