

Booking now open for our first event for young people with SEND aged 14 – 25 Saturday 17 th February	
Coffee and Chat drop-in sessions at Youth and Family Hub in Ponders End – next one on Wednesday 7 th February	
Workshop for parents of children who find it difficult to attend school for emotion reasons (5 th and 21 st March)	
Play and Leisure: Relaxed screening of Aquaman & the Lost Kingdom on Saturday	P6



What's New?
30th Jan 24

Booking open for our first-ever event for young people aged 14-25 – Saturday 17th February

We are delighted to announce that booking is now open for our first-ever event for young people with additional needs aged 14 – 25.

You have been telling us for some time that whilst you love our family parties for younger children, some of your teenagers/young adults, would really welcome an event just for them.

We are planning our event on Saturday 17th February 6 -8 pm at the Ponders End Youth Club.

Numbers are very strictly limited and all places must be pre-booked via Eventbrite. Parents/carers will be expected to remain in the building but will be in a separate area to the young people so everyone can relax!

We have lots of fun activities planned for the young people including a disco, photobooth, popcorn and candyfloss machines, slushies and pizza.

Coffee, tea and biscuits for parents and carers, and a chance to chat with other parents and some of the Our Voice team.

[Book here.](https://ov-teen-event.eventbrite.co.uk/)

Our Voice

YOUTH EVENING
For Young People with Special Educational Needs and Disabilities aged 14-25.

<https://ov-teen-event.eventbrite.co.uk/>

Saturday 17th February
6pm-8pm
Parent/Carers to stay on site throughout event.

Disco, Photobooth, Popcorn/Candyfloss Machines, Slushies, Other Refreshments.

Our Voice
Ponders End Youth Club
129 South St, EN3 5PA

Coffee and chat drop in at the Youth & Family Hub

The next of our regular coffee and chat drop-in sessions at the Youth and Family Hub in Ponders End will be next Wednesday 7th February. Please do drop in for tea or coffee and a chat with members of the Our Voice team and other parent carers.

We'll also have sessions on 6th and 19th March.

We plan to have guest speakers at many of our sessions so please keep an eye out for details on our events page and our weekly updates.



Our Voice coffee & chat drop-in At the Ponders End Family and Youth Hub



Join members of the Our Voice team for our regular drop in sessions at the Youth and Family Hub in Ponders End.

Wednesday 7 th Feb	10 am to 1 pm
Tuesday 20 th Feb	12 pm to 2 pm
Wednesday 6 th Mar	10 am to 1 pm
Tuesday 19 th Mar	12 pm to 2 pm

More info on our news page
<https://www.ourvoiceenfield.org.uk/news/show/245>

Ponders End Youth and Family Hub
129, South Street, Enfield,
EN3 4 PX
Drop in – no need to book



An opportunity to talk to one of the parent carers from the Our Voice team about any questions you may have, and to chat with other parents of children with additional needs.

Coffee, tea and biscuits at each session.

Guest speakers on most dates – keep an eye on our events page

<https://www.ourvoiceenfield.org.uk/events>

for details.

Workshop for parents of children who find it difficult to attend school for emotional reasons.

Enfield's Educational Psychology Service is running an online two-part workshop for parents and carers of children and young people who find it hard to attend school for emotional reasons.

The two sessions are on Tuesday 5th March and Thursday 21st March.

Email eps@enfield.gov.uk for more information and sign up [here](#).



Does your child find it difficult to attend school for emotional reasons?

Join the Educational Psychology Service at a **online two-part workshop** for parents and carers.

We will:

- ▶ Learn more about anxiety
- ▶ Explore what feels helpful for your child and family
- ▶ Discuss working together with schools to help young people attend
- ▶ Share your thoughts and ideas with each other
- ▶ Identify what help and support are available
- ▶ Connect with other parents and carers with similar concerns
- ▶ Consider how we can look after ourselves when things are hard

SESSION 1
Tuesday 5 March
1.30pm-2.30pm

SESSION 2
Thursday 21 March
1.30pm-2.30pm

[Sign up here](#)

For more information, please email eps@enfield.gov.uk

www.enfield.gov.uk



Play & Leisure

See our '[What's On Guide](#)' for information about SEND-specific and inclusive activities and days out in and around the Enfield area.



Autism Friendly film showing

Next Saturday 3rd February there will be a relaxed (and audio-described) showing of 'Aquaman and the Lost Kingdom' at Cineworld Enfield, at 11 am. Don't forget you can use your CEA card when visiting the cinema with a disabled child, to get a free ticket for an accompanying adult – see [here](#) for information
Booking [here](#).

We hope that you have found our newsletter useful. If you have any feedback, or anything that you think we could be telling our families about, please let us know. Our contact details are:

Telephone 07516 662315 Email: info@ourvoiceenfield.org.uk

Website: www.ourvoiceenfield.org.uk

You can also follow us on our Facebook page at <https://www.facebook.com/ourvoiceenfield/> on [Twitter@EnfieldOurVoice](#) and on Instagram at

<https://www.instagram.com/ourvoiceenfield/>

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