



What's New? 15th Nov 23

SEN Coffee and Chat morning this Friday	P1
Family Fund Discover Digital – online workshops to help you and your child to make the most of your iPad	P2
ADHD and Autism – webinar on getting a diagnosis	P2
Summary of events coming up	P3

SEN Coffee and Chat

SEN COFFEE & CHAT MORNINGS

To all Parent/Carers of children on the AUTISM/ADHD Spectrum, I would love for you to join me and other parents for my SEN Coffee & Chat Mornings.



DATES RUNNING 2023

Friday 3rd Nov
(Special guest from OUR VOICE)
Friday 17th Nov
Friday 8th Dec

COSTA COFFEE
16 Station Parade
Cockfosters
EN4 0DN
9.30am-11am

Instagram @sen_with_elena
For more info
email me on senwithelena@hotmail.com

Join this coffee morning in Cockfosters on Friday to chat with other parent carers, including a member of the Our Voice team.

Taking place at Costa Coffee in Cockfosters.

If you can't make it this week, there will be another session on 8th December.

See also our 'It's good to talk' guide [here](#) for details of other coffee and chat sessions and support groups.

It's good to talk!

Events, coffee mornings and support groups for parents and carers



Being the parent/carer of a child or young person with a disability or special educational needs is often challenging, and parents can find it helpful to spend time talking to other parents who have similar experiences. In this short guide we give details of a few of the local coffee mornings and other social and wellbeing events regularly run for parents of children with additional needs.

Contents	
Social and wellbeing activities for parents.....	2
Enfield Carers Centre (ECC).....	2
Ice-dance Parent therapy groups.....	2
Coffee mornings in schools.....	3
General coffee mornings for all parents and carers.....	3
SEN/IAS.....	3
Zebras coffee mornings.....	4
SEN Coffee and chat mornings, Cockfosters.....	5
Coffee mornings for specific groups.....	6
Autism: Enfield Advisory Service for Autism.....	6
National Autistic Society, Enfield branch (ENAS).....	7
Enfield Carers Centre Learning Difficulties & Autism Spectrum Disorder (ASD) Carers Support Group.....	7

Family Fund – Discover Digital Workshops

Family Fund run a series of iPad workshops – fun creative workshops for you and your child, and support workshops to help you get your device set up safely for your child to use.

iPad workshops coming up in November and December:

Tuesday 5th December – Make a Social Story (creating a visual tool on your iPad to help your family cope with and understand new situations)

Tuesday 21st Nov – Getting started to learn how to set up your iPad and tips for getting the most from it.

Thursday 23rd Nov – Staying Safe – how to manage your child's iPad so they can learn and play safely.

Tuesday 28th Nov – DJ Superstars – learn how to make your own music

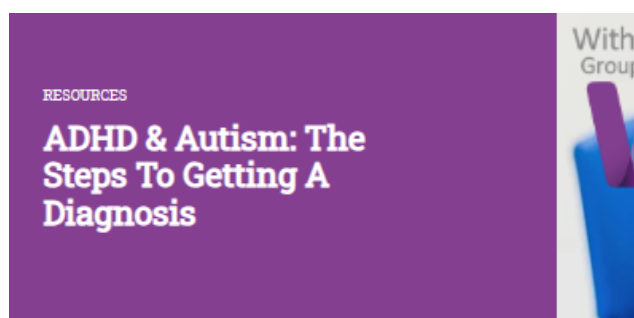
Thursday 7th December – Make it Work for You – learn how to use the accessibility features on you iPad to support your child's needs.



Details of all these sessions, and booking links can be found at

<https://www.familyfund.org.uk/support/technology/discover-digital-workshops/>

ADHD and Autism: The steps to getting a diagnosis Webinar on 23rd Nov



This live webinar from the Witherslack Group looks at top tips and strategies for supporting your child in getting their Autism or ADHD diagnosis.

23rd November 10– 11 am.

Register at <https://pages.witherslackgroup.co.uk/steps-to-diagnosis>

Home / Resources / steps-to-diagnosis

23 NOVEMBER 2023

Join us for a free live webinar with Anne-Marie Harrison, Education Director from Ideas Afresh Education, as we explore top tips and strategies for supporting your child in getting their autism or ADHD diagnosis.



Supporting Parents & Carers

Date: Thursday 23 November

Time: 10am-11am (Including Q&A)

This live webinar is designed for parents who are at the beginning of their child's SEN journey. If you've noticed some developmental differences in your child and are wondering where to turn, who to reach out to, and how to support your child or young person on their path to diagnosis, this webinar is for you.

Events coming up

See our 'What's On' guide to ongoing inclusive and SEND-specific play and leisure activities and days out (last updated 8th November [here](#)).

See our round-up of coffee mornings, social activities and coffee mornings for parents [here](#)

For the parents and carers of children/young people who are:	Event	Date and time	Venue	More information
Autistic	Understanding and Supporting an Anxious Child - online workshop from the London Autism Hub	Thursday 16 th November	Online	See here .
Autistic secondary school age and post-16	EASA cuppa and chat – Exams and Revision	Thursday 16 th November 9.30 – 11 am	Russet House School	See here
All This event is now fully booked but you can join the waiting list.	Our Voice presents: Get to Know Social Care, Short Breaks and the JSDC	Thursday 16 th November 10 am – 12 noon	Cheviots Childrens Disability Centre	Join the waiting list here
Autistic	Parent and Carer online support group (London Autism Hub)	Tuesday 21 st November	Online	See here .
Starting primary school next year and with communication difficulties	Rising to Reception workshop on primary school admissions process	Wednesday 22 nd November	Online	See here
Autistic	Support for Siblings and Young carers – online workshop from the London Autism Hub	Thursday 23 rd November	Online	See here .
Autistic	Support for Siblings and Young carers – online workshop from the London Autism Hub	Thursday 23 rd November	Online	See here .
Autistic	Understanding Your Child's Behaviour - online workshop from the London Autism Hub	Tuesday 28 th November	Online	See here .
Autistic	Understanding and Supporting an Anxious Child - online workshop from the London Autism Hub	Wednesday 29 th November	Online	See here .
Autistic	Understanding Autism – for the whole family - online workshop from the London Autism Hub	Thursday 30 th November	Online	See here .
Aged 14 and over	Preparing for adulthood – Support Planning	Thursday 30 th Nov 10.30 am – 12.30 pm	Integrated Learning Disability Service, Hertford Road	See here
All This event is now fully booked but you can join the waiting list here .	Our Voice Christmas party (now fully booked)	Sunday 3 rd December 2 - 4.30 pm	Russet House School	Information and sign up for the waiting list here

We hope that you have found our newsletter useful. If you have any feedback, or anything that you think we could be telling our families about, please let us know. Our contact details are:

Telephone **07516 662315** Email: info@ourvoiceenfield.org.uk

Website: www.ourvoiceenfield.org.uk

You can also follow us on our Facebook page at

<https://www.facebook.com/ourvoiceenfield/> on [Twitter@EnfieldOurVoice](https://twitter.com/EnfieldOurVoice) and on

Instagram at <https://www.instagram.com/ourvoiceenfield/>



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