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## What's New?

7<sup>th</sup> Sept 2023

## SEN Coffee and Chat

# SEN COFFEE & CHAT MORNINGS

**To all Parent/Carers of children on the AUTISM/ADHD Spectrum, I would love for you to join me and other parents for my SEN Coffee & Chat Mornings.**



### **DATES RUNNING 2023**

**Friday 8th Sept**  
**special guest from OUR VOICE**  
**Friday 22nd Sept**  
**Friday 6th Oct**  
**Friday 27th Oct**  
**Half term**

**COSTA COFFEE**  
**16 Station Parade**  
**Cockfosters**  
**EN4 0DN**  
**9.30am-11am**

Instagram @sen\_with\_elena  
 For more info  
 email me on [senwithelena@hotmail.com](mailto:senwithelena@hotmail.com)

Join this coffee morning in Cockfosters tomorrow to chat with other parent carers, including a member of the Our Voice team.

Taking place at Costa Coffee in Cockfosters.

If you can't make it tomorrow, there will be other sessions on 22<sup>nd</sup> September and 6<sup>th</sup> and 27<sup>th</sup> October.

# Supported internships Mencap – info sessions



Mencap are hosting information sessions in September regarding their supported internship programme, which currently has places available in London for this academic year.

Supported internships are open to young people aged 16-24 with an EHCP. They may be the ideal programme for young people not currently in employment, education or training who want to work.

Mencap's supported internships are delivered to small groups and provide access to work experience opportunities with a wide range of employers across lots of different sectors, supporting people to find paid work at the end of the programme. For more information, see Mencap's website [here](#)

Mencap are holding some information sessions to provide potential learners and their parents/carers with an overview of Mencap's supported internship programme and what is involved, as well as giving them a chance to ask questions of our delivery team and to discuss enrolment.

The information sessions will take place on the evenings of the 25<sup>th</sup> and 27<sup>th</sup> of September, 5.30 – 6.30 pm. You can sign up for either of these sessions [here](#).

## Webinar – what to do if your child cannot access their free school meals

Contact (the Charity for Families with Disabled Children, is hosting a free online Zoom meeting with human rights lawyer Alex Rook and Barrister Steve Broach. This is part of their [campaign aimed at stopping disabled children from missing out on free school meals](#). A third of eligible disabled children are currently missing out on their free school meal (e.g. because of dietary requirements or sensory processing difficulties or because they are out of school due to long-term illness or because they are waiting for a suitable place).



The webinar is on Tuesday 19<sup>th</sup> September from 10.30 am to 11.30 am. Book your place [here](#)

The webinar will explore how you can ask your school or college to make a reasonable adjustment such as providing food vouchers.

# Free workshops this month for parents and PAs of autistic children and young people

Contact and Ambitious About Autism are running a series of online workshops throughout September for the parents and carers of Autistic children and young people. The sessions include:

- Navigating the education system – Wed 13<sup>th</sup> Sept 7.30 – 8.30 pm or Tue 19<sup>th</sup> Sept 10.30 – 11.30 am or Fri 29<sup>th</sup> Sept 1.30 – 2.30 pm
- Wellbeing for parents and carers Tue 12<sup>th</sup> Sept 10.30 – 11.30 am or Thu 21<sup>st</sup> Sept 1.30 – 2.30 pm or Wed 27<sup>th</sup> Sept 7.30 – 8.30 pm
- Understanding your child's behaviour Wed 20<sup>th</sup> Sept 7.30 – 8.30 pm
- Understanding autism for PAs and other paid carers Thu 14<sup>th</sup> Sept 1.30 – 2.30 pm or Tue 26<sup>th</sup> Sept 10.30 – 11.30 am

You can also book an individual 1-1 session on autism education, information and guidance.

Find out more and book your free workshop or individual session today on Eventbrite [here](#).


## Do you care for a child with a rare condition?

Contact's free online conference happening on 4 October between 10 am-2 pm is an opportunity for you to meet and share experiences with other parent carers and rare condition support group members around the country – and at the same time, you'll learn more about Contact's growing Rare Conditions Network and their information, advice and support for families. [Find out more and book your free place today](#)

## Play and Leisure events coming up:

See our What's on Guide [here](#) for information on SEN-specific and inclusive days out and play and leisure activities in and around the Enfield area. This week's events include:

- London Transport Museum quiet session for age 16 and over, tomorrow evening (Friday 8<sup>th</sup> Sept) – see page 12
- Hampton Court Palace Rise and Roar quiet session in the Magic Garden – 9.30 – 11 am on Sunday 10<sup>th</sup> Sept – see page 13



**What's On?**  
Play and leisure for children and young people with additional needs in and around the Enfield Area

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# Events coming up in September:

For parents/ carers of children/young people with SEND who are:	What	When	Where	Details/booking links
All	Positive Behaviour Support drop-in session	Fri 8 <sup>th</sup> Sept 10 am – 12 pm	Cheviots Children's Centre	<a href="#">See flyer in last week's update</a>
All	SEN Coffee and chat morning	Friday 8 <sup>th</sup> Sept 9.30 – 11 am	Costa Coffee, Station Parade, Cockfosters	<a href="#">See flyer on page 1</a>
Autistic	Wellbeing for parents & carers	Tue 12 <sup>th</sup> Sept 10.30 – 11.30 am	Online	<a href="#">here.</a>
Primary school age with communication difficulties	Speech and Language Workshop from Contact	Tue 12 <sup>th</sup> Sept 7 pm	Online	<a href="#">here.</a>
Autistic	Webinar on navigating the educational system	Wed 13 <sup>th</sup> Sept 7.30 – 8.30 pm	Online	<a href="#">here.</a>
Autistic & Early years/primary school age	EASA cuppa and chat	Thu 14 <sup>th</sup> Sept 9.30 – 11 am	Russet House School	<a href="#">here.</a>
Aged 14 and over	Preparing for Adulthood – transition process	Fri 15 <sup>th</sup> Sept 10.30 a.m. – 12.30 pm	Integrated Learning Disability Service Carnegie Building,	<a href="#">here</a>
Age 0-5 with communication difficulties	Speech and Language Workshop from Contact	Mon 18 <sup>th</sup> Sept 9.30 a.m.	Online	<a href="#">here.</a>
Entitled to free school meals but unable to access them	Webinar from Contact – What to do if your child cannot access free school meals	Tue 19 <sup>th</sup> Sept 10.30 – 11.30 am	Online	<a href="#">here</a>
Autistic	Webinar on navigating the educational system	Tue 19 <sup>th</sup> Sept 10.30 – 11.30 a.m.	Online	<a href="#">here.</a>
Autistic	Webinar on Understanding your child's behaviour	Wed 20 <sup>th</sup> Sept 7.30 – 8.30 pm	Online	<a href="#">here.</a>
Autistic	Wellbeing for parents & carers	Thu 21 <sup>st</sup> Sept 1.30 – 2.30 pm	Online	<a href="#">here.</a>
Autistic & secondary school aged/ 16 +	EASA Cuppa and chat	Thu 21 <sup>st</sup> Sept 9.30 – 11 am	Russet House School	<a href="#">here.</a>
All	SEN Coffee and chat morning	Friday 22 <sup>nd</sup> Sept 9.30 – 11 am	Costa Coffee, Station Parade, Cockfosters	<a href="#">See flyer on page 1</a>
Age 16 – 24 with an EHCP and interested in getting a job	Mencap Supported Internship programme info session	Mon 25 <sup>th</sup> Sept 5.30 – 6.30 pm	Online	<a href="#">here.</a>
Aged 14 and over	Preparing for adulthood – decision-making and mental capacity	Wed 27 <sup>th</sup> Sept 10.30 am – 12.30 pm	Integrated Learning Disability Service Carnegie Building,	<a href="#">here</a>
Age 16 – 24 with an EHCP and interested in getting a job	Mencap Supported Internship programme info session	Wed 27 <sup>th</sup> Sept 5.30 – 6.30 pm	Online	<a href="#">here.</a>
Autistic	Wellbeing for parents & carers	Wed 27 <sup>th</sup> Sept 7.30 – 8.30 pm	Online	<a href="#">here.</a>
Secondary school age with communication difficulties	Speech and Language workshop from Contact	Thu 28 <sup>th</sup> Sept 10 am	Online	<a href="#">here.</a>
Autistic	Webinar on navigating the educational system	Fri 29 <sup>th</sup> Sept .30 – 8.30 pm	Online	<a href="#">here.</a>

We hope that you have found our newsletter useful. If you have any feedback, or anything that you think we could be telling our families about, please let us know. Our contact details are:

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You can also follow us on our Facebook page at

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