

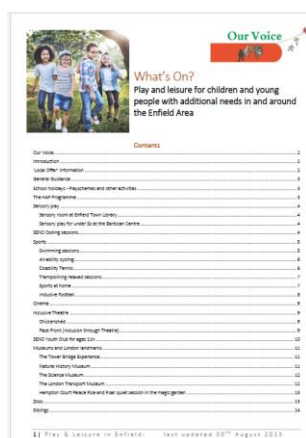
What's On – our new guide to inclusive & SEND specific activities and days out in and around the Enfield area	P1
Coming soon – SEND Family swimming on Saturdays	P1
Other play and leisure	P2
London Transport Museum relaxed session next Friday 8 th Sept	
Science Museum relaxed session on 23 rd Sept – booking now open	
Independent Travel training session	P2
Preparing for Adulthood events	P3
EASA Cuppa and Chats	P3
Positive Behaviour Support Drop -in sessions	P4
Contact's Speech and Language workshops	P4
Round up of key national news stories, and consultations	P5
Summary of events coming up	P6



What's New?

1st Sept 2023

What's On – Our new guide to inclusive and SEND-specific activities and days out



Following the popularity of our 'What's On' guides for the school holidays, we have now collated a general 'What's On' guide with information on ongoing term-time play and leisure activities in and around the Enfield area.

You can **see the guide on our website [here](#)**.

We plan to keep this guide regularly updated so do check back for the latest information, and please do let us know about any relevant activities that you think we could usefully include in the future.

Coming soon – SEND family swimming on Saturdays

Albany Leisure Centre will be offering new disability family-friendly swim sessions every Saturday from 16th September from 2.45 to 3.45 pm, in the main pool. The cost is £3 per person for both adults and children (offered at the concession card rate without the need to purchase a concession card). More information on these sessions is available [here](#). There are a limited number of spaces for each session, so you are recommended to pre-book your spaces.



These are in addition to the existing Disability Friendly Family Swimming sessions at Edmonton Leisure Centre every Sunday from 11 a.m. to 12 p.m.

See our website news page [here](#) for more information.

Other play and leisure coming up soon

London Transport Museum

The next Early Explorer evening for families with SEN (including Autism) at the London Transport Museum will be on Friday 8th September for young people age 16+ (for those under 16 there will be a session on 28th Oct). The museum will be open from 6.30 to 8 pm, which is outside their regular hours, to allow families to enjoy the museum at a quieter time, free from the general public and with many of the gallery sounds turned off. More information and booking [here](#).



Early Birds at the Science Museum

Booking is now open for the next Early Birds Relaxed session at the Science Museum on Saturday 23rd September.

The museum will open early, from 8 a.m. to 10 a.m. This event is aimed at children aged 4- 15 (including siblings) and all places must be pre-booked. More information and the booking link [here](#).

Independent Travel training sessions

The First Route travel training scheme was set up by Enfield Council in partnership with the Metropolitan Police, Transport for London and Arriva buses, to help support individuals who were not confident with using public transport, including young adults before they transition to adult services, and Autistic adults or adults with a learning disability.

Their sessions take place on the first Thursday of each month. The next sessions will be on 7th Sept, 5th Oct, 2nd Nov and 7th Dec for those who travel independently or those who use or could use, public transport with support. For more detail on the scheme please see our website [here](#).

For further information or to book please contact Claire Fenwick on 0208 132 1476 or claire.fenwick@enfield.gov.uk



ENABLING INDEPENDENT TRAVEL

A service for people with learning disabilities and or Autism

Venue: Edmonton Green Bus Station

The first Thursday of every month

First session: 10:30am – 12noon

Second session: 1pm – 2:30pm

Contact Claire Fenwick to place a booking: 020 8379 2450

Email: Claire.Fenwick@enfield.gov.uk



Preparing for Adulthood – events coming up

If you have a child in year 9 or above / aged 14 plus, with an EHCP, it is important to be aware of the Preparing for Adulthood process. Resources and events to support you and your young person through that process are on the Local Offer [here](#).



The next Local Authority events are:

Preparing for Adulthood – The Transition Process: Friday 15th September 10.30 am – 12.30 pm

This event provides an overview of the transition process and will help parents/carers to understand what happens and when. You will also find out about the information and events that are available to support you through the transition period.

Decision Making and Me Wednesday 27th September 10.30 am – 12.30 pm

The Mental Capacity Act 2005 is for anyone 16 years old or over. It says that people can make decisions about things that affect their lives. This event will help you to understand how it applies to you and your young person, and how you will both be supported to make decisions. You will learn:

- How the Mental Capacity Act 2005 applies to young people aged 16 to 18 years and 18+
- deputyships and appointeeships
- How, and who is able to make decisions for those young people lacking mental capacity.
- The principles of mental capacity assessments
- What is meant by the term 'best interest' meeting/decision?
- When are best-interest decisions made?
- Can parents still continue to make decisions?

Both events will be held face-to-face at the Integrated Learning Disability Service Carnegie Building, 258a Hertford Road, Enfield, EN3 5 BN. For more information see the Local Offer [here](#) and our Preparing for Adulthood page [here](#).

EASA cuppa and chats

The [Enfield Advisory Service for Autism \(EASA\)](#) supports autistic children and young people (from 0-25 years) and their families. Their 'cuppa and chat' sessions, during September will be on the topic of the Multi-Disciplinary Therapeutic offer and will take place from 9.30 to 11 am at Russet House School, 11 Autumn Close, Enfield, EN1 4 JA.

Early years and primary school-aged children on Thursday 14th September
Secondary/post 16 aged young people on Thursday 21st September

More information and booking links for both sessions [here](#).

Positive Behaviour Support drop-ins from Fri 8th Sep



Parent and Family Behaviour Support Drop-in

These informal drop in sessions offer the following:

- Talk to specialist Positive Behaviour Support practitioners either as part of the group or one on one about any challenges you may be experiencing to do with your child's behaviour.
- Discuss Positive Behavioural Support strategies/tools you may already be using. Review and update family plans. Find out about other resources that might be useful (e.g. symbols and picture to support communication).
- Meet and chat to other parents and carers.
- Specific sessions covering a range of topics such as teaching new skills, well-being/self-care, and intensive interaction.

The next session will be held on:

Friday 8th September 2023 10am -12pm (and then the first Friday of each month excluding school holidays)

Address:

Cheviots Children's Disability Service
31 Cheviot Close
EN1 3UZ

If you have any questions, or if you would like to book an interpreter for the session please email either:

Lucy.Canton@enfield.gov.uk or Gina.Giles@enfield.gov.uk

Please also contact us in advance if you would like your child to be supported in our creche during the session.

These sessions are currently open to families who have a child with SEND

Workshops from Contact coming up

[Contact](#), the Charity for Families with Disabled Children, runs regular workshops for parents and carers. You can see their programme of events coming up [here](#). The sessions coming up in September are all on the topic of speech and language, for the parents and carers of children and young people with communication difficulties associated with hearing impairment, language impairment and autism (with and without diagnosis). You can see details and booking links for all three sessions [here](#).

Primary speech, language and communication (primary school age) Tue 12th Sept 7 pm

Early Years speech, language and communication (age 0-5) Mon 18th Sept 9.30 a.m.

Secondary speech, language and communication (secondary school age) Thu 28th Sept 10 am

Round up of national news

At risk children and carers in line for autumn Covid booster

Clinically vulnerable children and carers in the UK [will be offered the Covid vaccine booster this autumn](#). People aged 12-64 who are 'household contacts' of people with weakened immune systems will also be offered the booster.

The Joint Committee on Vaccination and Immunisation (JCVI) has advised that the programme is completed by early December 2023.

Public health experts expect Covid to circulate more widely over the winter with clinically vulnerable people most at risk of getting seriously ill from the virus.

Eligibility: who counts as a carer, who is considered clinically vulnerable and what is immunosuppression? [Read Contact's news story](#) to find out whether you or your family are eligible for an autumn booster. Find out more on Contact's [Covid-19 vaccines questions and answers web page](#).

Consultation on the Disability Action Plan

The government is [consulting on its plans to improve disabled people's lives](#), as a new Equality and Human Rights Commission report accuses it of making "slow progress" in making changes.

Disabled people in the UK continue to face discrimination and it's getting worse with the cost-of-living crisis, according to a new European Human Rights Commission (EHRC). The EHRC report to the United Nations came as ministers launched a consultation on their 2023-24 cross-government Disability Action Plan to improve the lives of disabled people.

The government plan covers everything from leisure and transport to carer employment rights and sets out "concerted actions" each government department is planning in 2023-24. The plan includes:

- £14.5 million investment to make national parks, trails, forests, and coastlines more accessible.
- 33 more special free schools and training for 5,000 early year special educational needs coordinators (SENCOs).
- Publication of an accessibility audit of all railway stations by the end of 2024.

Do their plans go far enough? Have your say

Contact will submit a formal response to the consultation and want to hear your views on whether the plans will help improve life for your disabled child.

You can contribute to Contact's response by emailing amanda.elliott@contact.org.uk and you can also [respond online](#). [Read more here](#) The consultation closes on 6 October.

Events coming up:

For parents/ carers of children/young people with SEND who are:	What	When	Where	Details
Learning disabilities or autism	Independent Travel training	Thu 7th Sept 10.30 – 12 and 1 – 2.30 pm.	Edmonton Green Bus station	See page 2
All	Positive Behaviour Support drop-in session	Fri 8 th Sept 10 am – 12 pm	Cheviots Children's Centre	See page 4
Primary school age with communication difficulties	Speech and Language Workshop from Contact	Tue 12th Sept 7 pm	Online	See page 4
Autistic & Early years/primary school age	EASA cuppa and chat	Thu 14th Sep 9.30 – 11 am	Russet House School	See page 3
Aged 14 and over	Preparing for Adulthood – transition process	Fri 15th Sept 10.30 am – 12.30 pm	Integrated Learning Disability Service Carnegie Building,	Page 3 and here
Age 0-5 with communication difficulties	Speech and Language workshop from Contact	Mon 18th Sept 9.30 am	Online	See page 4
Autistic & secondary school aged/ 16 +	EASA Cuppa and chat	Thu 21st Sept 9.30 – 11 am	Russet House School	See page 43
Aged 14 and over	Preparing for adulthood – decision-making and mental capacity	27th Sept 10.30 am – 12.30 pm	Integrated Learning Disability Service Carnegie Building,	Page 3 and here
Secondary school age with communication difficulties	Speech and Language workshop from Contact	Thu 28th Sept 10 am	Online	See page 4

We hope that you have found our newsletter useful. If you have any feedback, or anything that you think we could be telling our families about, please let us know. Our contact details are:

Telephone [07516 662315](tel:07516662315) Email: info@ourvoiceenfield.org.uk

Website: www.ourvoiceenfield.org.uk

You can also follow us on our Facebook page at

<https://www.facebook.com/ourvoiceenfield/> on [Twitter@EnfieldOurVoice](https://twitter.com/EnfieldOurVoice) and on Instagram at <https://www.instagram.com/ourvoiceenfield/>

If you no longer wish to receive these emails, and/or would like us to remove your details from our database, please email us and we will remove your details from our mailing list and/or database.

