

23<sup>rd</sup> June 2023

# SPORTS NEWS

### **Borough Athletics Report**

In addition to last week's fantastic Borough Athletics report from Lee Valley we'd like to provide an update! We've now had the official results through and are delighted to report that we have another podium finisher! A huge congratulations to Louie who came 3rd in the Year 4 Boys 50m hurdles. It's a fantastic achievement and we're so proud of your efforts.

(PE Team)



### **Sports Week**

The children have had a fantastic week being active! The weather did give its challenges on Tuesday morning, but luckily for the rest of the week it has been brilliant! There's been all sorts happening throughout the school; here's a breakdown of the activities:



### **Athletics**

We kick-started the week with an Athletics workshop from GB Athlete Claire Spurway. She inspired the children by bringing in her medals and told the children of her recent efforts in a World Championship competition and talked brilliantly about some of our Eversley values of determination and resilience. They played some great games to test their reactions (in preparation for the start of races) and focussed mainly on sprinting. The children were really competitive and loved racing each other.











# <u>Hockey</u>

Chris and Harry from Southgate Hockey Club provided some great sessions for our Year 5s and 6s. They practiced their control and then had a great time doing so under pressure with some fun relay races! On Friday Harry returned with Sophia to teach our lovely Reception and Year 2s, and they were so impressed with the attitudes and skill of some of our youngest pupils!





All enquiries via school office: office@eversley.effileid.sch.uk

# **Cricket**

Jim from Winchmore Hill Cricket Club returned to Eversley and his sessions were just as engaging and fun as they have been in the past! The children put their striking and fielding skills to the test and had great fun while doing so. They couldn't help but be inspired and get competitive during the sessions, and it was great fun for those involved.









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#### **Tennis**

Tennis Coaches from Hazelwood Tennis Club held some terrific tennis sessions for Reception, Year 2 and Year 4. Coaches Chris and Rhys returned to Eversley after having such a great time with the children in last year's Sports Week! They have fed back really positively again about their experience. If your child is interested in taking up lessons please visit <a href="https://hazelwoodsportsclub.co.uk/">https://hazelwoodsportsclub.co.uk/</a>.

















#### **Dance**

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The wonderful Amy from Diverse Dance Mix (DDMIX) thoroughly enjoyed her sessions with Year 3 and Year 5 on Tuesday. The children responded really well and really engaged in the sessions. Amy was so impressed with what they were able to create in a short space of time, commenting that she would usually expect multiple lessons worth of work for the same quality output!

Charlie also provided wonderful dance sessions for Reception and Year 1 children. They followed along really well and worked hard on developing lots of different skills: listening, coordination, cooperation, spatial awareness and more! Charlie is really keen to return to Eversley again in the future.















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# Skipping

A huge thanks to Georgia who delivered some excellent skipping sessions for KS2. She taught the children a variation of different skipping challenges and reminded everyone just how much fun we can have simply with a skipping rope! She taught the children different techniques and challenged those who had mastered the basics with more complex variations!











**Enjoyment, Perseverance, Self-Belief** 



#### Obstacle Course

Everybody's favourite! From Reception up to Year 6, every class has enjoyed their time on the inflatable obstacle course. With two separate tracks, the children have raced their friends through the obstacle course, finishing with the slide. This has been a real highlight for many of the children and it's been lovely to see their infectious excitement and enthusiasm.





Thank you to all of the teachers this week who have been so adaptable to slot in all the additional sessions with our fantastic visitors. It's such a busy time of year but great to highlight the importance of sport for all children and all the Eversley values we can link to sport - resilience, cooperation, respect, fairness... And many more!

(Miss Boothby and Miss Kilkenny)



#### Summer of Fun

On Friday 23rd June, 30 Year 5 pupils attended a fantastic event in Oakwood Park called 'Summer of Fun'. This is an externally arranged event involving various schools throughout Enfield, each week moving to a different park! Other locals schools involved with Eversley were Salcombe, Wolfson Hillel and Merryhills.

Whilst there, there were multiple stations the children moved around for a range of sporting activities. All the children were taught a Brazilian dance, individual mostly, with a partner section involved.

Athlete Claire Spurway met more Eversley children at the event so the Year 5s who attended were able to experience an athletics session with her and be inspired by her real life struggles and successes, and hear how her resilience and mental strength has kept her competing.

Children were also able to put their new found skipping skills into practice with a second workshop at the event. Finally, for many children an entirely new sport was introduced: Golf! They were taught techniques to drive the ball as far and accurately as possible, and had a great time doing so.

We hope you enjoyed your afternoon Year 5 and had fun playing sports and demonstrating your Eversley values among children from other local schools.

(Miss Kilkenny, Miss Boothby and Niall)