| P.E. | Games <br> Striking and Fielding |
| :---: | :---: |
|  | Skills |

- Strike a bowled ball.
- Use a range of fielding skills, e.g. catching, throwing, bowling, intercepting, with growing control and consistency


## Key Knowledge

Play a range of roles in a fielding team.
Understand and implement a range of tactics in games.

Understand how different physical activities benefit social/emotional health.

## Sequence of Practical Experiences

Helping a partner to developing their bowling skills - how to bowl underarm.

Develop bowling skills into a game situation.

How to hold a rounders bat and how to stand to hit the ball.

How to look for and find space when hitting the ball.

To use simple tactics to get players out.
To agree and use a set of rules, and keep games going without disputes.

Year 6

## Summer Term 1

## Statutory requirements

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- compare their performances with previous ones and demonstrate improvement to achieve their personal best


## Prior Learning

- Use a range of skills, e.g. throwing, striking, intercepting and stopping a ball, with increasing control, accuracy and some consistency.
- Choose and vary skills and tactics to suit the situation in a game.


## Key Vocabulary

| Stance | The way someone stands |
| :---: | :--- |
| Crease / <br> batting point | certain area demarcated by white lines <br> painted or chalked on the field of play |
| Non striker | (in cricket) the batter who is not <br> facing the bowling |
| Leg side | the half of the field behind the <br> batsman |
| Off-side | the half of the field in front of the <br> batsman |
| Pitch | Area in which striking/fielding games <br> are played |
| Over | 6 legal balls being bowled |
| Innings | One side's turn at batting |

## Striking \& Fielding Sports

Cricket
Rounders


Baseball


Heads, Hearts, Hands


