



P.E.	Games Striking and Fielding	Year 3	Summer Term 1
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Skills

- Strike a bowled ball.
- Use a range of fielding skills, e.g. catching, throwing, bowling, intercepting, with growing control and consistency

Key Knowledge

- Play a range of roles in a fielding team.
- Understand and implement a range of tactics in games.
- Understand how different physical activities benefit social/emotional health.

Sequence of Practical Experiences

- How to stand ready as a fielder and how to line up with the ball to stop or catch it.
- How to work as a team when fielding
- How to hold different bats or rackets, and how to stand to hit the ball.
- place their feet and position their bodies to bowl a ball.
- How to look for and find space when hitting the ball.
- How to throw the ball accurately when bowling.
- To agree and use a set of rules, and keep games going without disputes

Statutory requirements

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- compare their performances with previous ones and demonstrate improvement to achieve their personal best

Prior Learning

- Show awareness of opponents and team mates when playing games.
- Perform basic skills of rolling, striking and kicking with more confidence.

Key Vocabulary

Stance	The way someone stands
Crease / batting point	certain area demarcated by white lines painted or chalked on the field of play
Non striker	(in cricket) the batter who is not facing the bowling
Leg side	the half of the field behind the batsman
Off-side	the half of the field in front of the batsman
Pitch	Area in which striking/fielding games are played
Over	6 legal balls being bowled
Innings	One side's turn at batting

Striking & Fielding Sports Techniques

