



| P.E. | Games Hitting & Striking | Year 2 | Summer 1 |
|--|-----------------------------|---|----------|
| Skills | | Statutory requirements | |
| <ul style="list-style-type: none"> Perform basic skills of rolling, striking and kicking with more confidence. Catch and throw in simple movement games. | | <ul style="list-style-type: none"> master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities | |
| Key Knowledge | | <ul style="list-style-type: none"> participate in team games, developing simple tactics for attacking and defending | |
| <p>Show awareness of opponents and teammates when playing games. Recognise differences in how they feel before and after warming-up.</p> | | Prior Learning | |
| <p>Apply skills in a variety of simple games.</p> | | <ul style="list-style-type: none"> Use basic underarm, rolling and hitting skills | |
| <p>Recognise differences in how they feel before and after warming-up.</p> | | <ul style="list-style-type: none"> Intercept, retrieve and stop a beanbag and a medium-sized ball with some consistency | |
| Sequence of Practical Experiences | | <ul style="list-style-type: none"> Catch a beanbag and a medium-sized ball | |
| <p>To explore different types of equipment for striking. To develop accuracy in striking skills. To work safely with awareness of others.</p> | | <ul style="list-style-type: none"> Throw, hit and kick a ball in a variety of ways, depending on the needs of the game | |
| <p>To practise bat and ball co-ordination. To strike the ball for distance in different ways. To keep a game going in a group.</p> | | Key Vocabulary | |
| <p>To travel energetically in different ways and in different directions. To feed the ball to a partner by rolling it. To strike the ball accurately and aim for a target.</p> | | <ul style="list-style-type: none"> rebound | |
| <p>To work on hand-eye co-ordination with the ball. Watch, track and get in line with a ball. To play a game against an opponent and make decisions about where to stand. To strike the ball into a space</p> | | <ul style="list-style-type: none"> tracking or following the movement of a ball (coordination) | |
| <p>To practise feeding the ball accurately to a striker. To understand the role of a fielder in a striking game. To recognise what is successful in a game and understand how to use this knowledge.</p> | | <ul style="list-style-type: none"> aiming | |
| <p>To practice fielding skills by stopping the ball and retrieving it quickly. To improve accuracy in feeding the ball. To strike for distance in a group game. To keep a game going in a group by taking turns.</p> | | <ul style="list-style-type: none"> speed | |
| | | <ul style="list-style-type: none"> direction | |
| | | <ul style="list-style-type: none"> passing | |
| | | <ul style="list-style-type: none"> controlling | |
| | | <ul style="list-style-type: none"> shooting, scoring | |
| | | <ul style="list-style-type: none"> grids or other markings | |

Applying Techniques



Heads, Hearts, Hands

