

P.E.

Dance
(Putting on a performance)

Year 6

Spring Term 2

Skills

- Demonstrate how to prepare themselves for a dance session.
- Use compositional devices of canon, unison, question and answer, contrast and complimentary movements to create a dance phrase.
- Perform dances fluently and with control.

Key Knowledge

Work creatively and imaginatively on their own, with a partner and in a group to compose motifs and structure simple dances.

Perform to an accompaniment expressively and sensitively.

Understand the effects of exercise on the body.

Sequence of Practical Experiences

use stillness to add interest to a dance phrase.

use text to create a 16 count dance motif

use the choreographic device of Canon and Unison in a group dance

work creatively in a group to create and perform a motif and a dance representing a character

use appropriate criteria to evaluate and refine their own and others' work

understand how to create a performance using a range of compositional ideas and to be able to perform with clear understanding and intention

Statutory requirements

- perform dances using a range of movement patterns

Prior Learning

- Respond to the phrasing of music.
- Perform different styles of dance clearly, rhythmically and fluently.
- Can undertake own warm up and cool down in a dance session.

Key Vocabulary

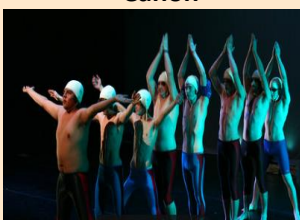
Motif	The 'essence of the dance'; dominant feature/recurring theme throughout.
Unison	Two or more dancers perform the exact same movements and the exact same time.
Canon	Taking turns to perform a movement one after the other

Additional Vocabulary

- action, reaction
 - stillness
- question and answer
 - interpret
 - explore

Techniques

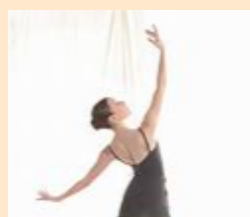
Canon



Unison



Gesture



Formation

