



P.E.	Games Striking and Fielding	Year 5	Spring Term 2
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Skills

- Strike a bowled ball.
- Use a range of fielding skills, e.g. catching, throwing, bowling, intercepting, with growing control and consistency

Key Knowledge

- Play a range of roles in a fielding team.
- Understand and implement a range of tactics in games.
- Understand how different physical activities benefit social/emotional health.

Sequence of Practical Experiences

- retrieve, intercept and stop a ball when fielding.
- get their body behind the ball
- pick out and describe what is successful in a game
- place their feet and position their bodies to bowl a ball.
- bowl with overarm and underarm actions.
- evaluate performance in different parts of the game
- work as a team when bowling/wicket keeping and fielding.
- use different ways of hitting the ball
- hit the ball away from fielders

Statutory requirements

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- compare their performances with previous ones and demonstrate improvement to achieve their personal best

Prior Learning

- Use a range of skills, e.g. throwing, striking, intercepting and stopping a ball, with increasing control, accuracy and some consistency.
- Choose and vary skills and tactics to suit the situation in a game.

Key Vocabulary

Stance	The way someone stands
Crease / batting point	certain area demarcated by white lines painted or chalked on the field of play
Non striker	(in cricket) the batter who is not facing the bowling
Leg side	the half of the field behind the batsman
Off-side	the half of the field in front of the batsman
Pitch	Area in which striking/fielding games are played
Over	6 legal balls being bowled
Innings	One side's turn at batting

Striking & Fielding Sports


Cricket



Rounders



Baseball



Techniques

Heads, Hearts, Hands

