

P.E.

Dance
(Formations in Historical Dance)

Year 5

Spring Term 1

Skills

- Compose motifs and plan dances creatively and collaboratively in groups
- Adapt and refine the way they use weight, space and rhythm in their dances to express themselves in the style of dance they use
- Display and demonstrate awareness of spatial qualities in dance.
- Can repeat their own conditional phrase in a warmup.

Key Knowledge

Respond imaginatively to a range of stimuli related to character and narrative.

Can portray a mood through movement.

Understand how physical activity should feel for health benefits.

Sequence of Practical Experiences

demonstrate fluency and rhythm in a processional dance

perform specific skills and movement patterns for the Pavane with accuracy

recognise and describe the patterns and structure for English traditional set dance and be able to perform with others

perform a Morris dance clearly and fluently; without prompting.

perform a dance phrase in time to the music/accompaniment.

plan and perform a dance sequence with changing formations.

Statutory requirements

- perform dances using a range of movement patterns

Prior Learning

- Improvise freely, translating ideas from a stimulus into movement
- Use dynamic, rhythmic and expressive qualities clearly and with control
- Suggest and share improvements to their own and others dancing using dance vocabulary
- Show some understanding of why they warm up and calm down in an active session

Key Vocabulary

Motif	The 'essence of the dance'; dominant feature/recurring theme throughout.
Formation	How dancers are arranged on dance e.g. line, circle, v shape etc.
Pavane	Slow processional dance common in Europe during the 16th century (Renaissance)
Morris	a form of English folk dance usually accompanied by music

Additional Vocabulary

Dance style: Traditional, Contemporary

- Pattern, Pathway
- Counts and Rhythm
- Technique: Poise, lilt, precision
- Formation: Long set, square set; Processional, circle; chorus; verse ABA
- Rhythm
- Cultural purpose
- Specific dance steps: slip step, single, double, pivot, chassiss

Techniques

Morris Dance



Pavane Dance



Gesture



Formation

