



P.E.	Games Invasion (creating space)	Year 3	Spring Term 1
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Skills

- Throw and catch with control to keep possession and score 'goals'.
- Keep possession with some success when using equipment that is not used for throwing and catching skills e.g. a hockey stick.

Key Knowledge

- Make effective decisions when they have the ball.
- Be aware of space and use it to support team mates and cause problems for the opposition.
- Decide quickly where and when to pass the ball, showing good awareness of what is going on around them
- Understand the purposes of warming up and cooling down.
- Understand how warming up and cooling down is linked to health.

Sequence of Practical Experiences

- look when they travel with the ball
- find space before they receive a pass
- improve their ability to chose and use simple tactics

Statutory requirements

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- compare their performances with previous ones and demonstrate improvement to achieve their personal best

Prior Learning

- Show awareness of opponents and teammates when playing games
- Perform basic skills of rolling, striking and kicking with more confidence
- Apply these skills in a variety of simple games

Key Vocabulary

Support	Providing back up and option of passes for team mates
Keeping possession	Being in control of the ball

Additional Vocabulary: Making space, pass/send/receive, dribble, travel with the ball

Invasion Sports

