

PSHE	Relationship Education	Year 2	Autumn 2
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Key Knowledge

Respecting differences	<ul style="list-style-type: none"> • People all around the world have very different lives. • There are also many similarities between us and others. • It is wrong to treat people unfairly and leave them out based on their differences.
Personal Safety	<ul style="list-style-type: none"> • We often have our own first warning signs if we are feeling unsafe. • It is important that we know who our safety network is so that we can speak to them if we are feeling unsafe. • We have a right to refuse physical contact if we do not feel comfortable with it.
Families	<ul style="list-style-type: none"> • Although some families can look very different to others, they should all share certain qualities. • Families should help you feel safe, loved and supported. • Sometimes in a family environment we still want privacy and space.
Strangers	<ul style="list-style-type: none"> • There are many people in this world who we do not know at all and those we do not know well. • There are many ways to stay safe around strangers and although certain people such as police and doctors are strangers to us, they can be considered safer strangers who can help us.
E-Safety	<ul style="list-style-type: none"> • The internet can be a very interesting, education and exciting place when used correctly. • There are certain rules in place that keep us safe on the internet.
Anti-Bullying	<ul style="list-style-type: none"> • Bullying can take many different forms. • If we witness bullying, we should actively try and stop it and help the victim.

Statutory requirements

- The characteristics of healthy family life and the importance of spending time together and sharing each other's lives.
- The importance of respecting others, even when they are very different from them
- Different types of bullying and responsibilities of bystanders
- The importance of permission-seeking and giving in relationships with friends, peers and adults.
- That each person's body belongs to them.
- How to respond safely and appropriately to adults they may encounter whom they do not know.
- How to recognise and report feelings of being unsafe or feeling bad about any adult
- How to ask for advice or help for themselves or others, and to keep trying until they are heard.
- The rules and principles for keeping safe online, how to recognise risks, and how to report them.

Key vocabulary

Spelling	Definition
Similarities	Having characteristics in common
Differences	Having characteristics that are not the same
Racism	Someone behaving differently to another person based on the colour of their skin or their culture
Permission	Approval to do something, given by someone
Safety Network	A group of adults someone trusts and who they can talk to if they are worried about something
Stranger	A person who you do not know
Privacy	Being away from other people

Books

Scott Smith	The very first you
Jayneen Sanders	My body! What I say goes!
TWINKL	The carrot club
Bridget Heos	Be safe around strangers

