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What's New?

4th Oct 2022

Secondary school applications

If your child is due to start secondary school in September 2023:



If they have an EHCP you should have had a letter from SEND Services requesting your preferences. You will need to respond by Friday 14th October.

If your child does not have an EHCP you will need to follow the standard process set out in [this booklet](#) and apply by 31st October.

For more information about choosing a school and the application process, see our website [here](#).

Give your views on childcare

Enfield Council has commissioned an external company (Premier Advisory Group) to look at affordable childcare provision within the Borough of Enfield.

As part of this, they want to gain the views of parents to understand how childcare can be improved going forward. They particularly want to speak to the parents/carers of children with SEND to hear their experiences accessing childcare in the borough. They are hosting an online focus group on 20th October 1-1.45 pm for parents/carers of children with SEND. Please book your place [here](#) as soon as possible.



Parents' views are vital in shaping this report and Enfield Council's childcare priorities going forward.

Additionally, there is a focus group looking at out-of-school clubs. Whilst this is intended to focus on mainstream provision, the session will be including topics relating to provision for children and young people with SEND so it is important to ensure that our voices are heard. Please sign up to join this session if you are interested. The session will take place on 20th October 6 – 6.45 pm and you can sign up [here](#).

EASA Cuppa and Chat sessions

ENFIELD ADVISORY SERVICE FOR AUTISM

Cuppa and Chat Sessions for Parents

Come along to:

- Meet the EASA Team
- Hear about topical issues
- Socialise with other parents

A relaxed and friendly atmosphere.

Cuppa and Chat Sessions will run monthly through the year

2nd Thursday in the month:
Parents of Early Years and Primary-aged children

3rd Thursday in the month:
Parents of Secondary and Post-16 children/young people

Time: 9:30am—11am
Venue: Dining Hall
Location: Russet House School
Autumn Close
Enfield
EN1 4JA



Limited parking is available on site.
A small donation towards the cost of refreshments is appreciated.

Book your place at these sessions via the EASA website.

The [Enfield Advisory Service for Autism](#) (EASA) is a Local Authority service supporting autistic children and young people (including those without a formal diagnosis) up to the age of 25 by working with educational settings and with parents.

They provide support for parents in a variety of ways – you can see more information about this [here](#) including a variety of training sessions, information sheets, and other resources .

Cuppa and Chat for parents of Early Years and Primary aged children on the topic of EHCPs 13th Oct – book [here](#)

Thursday 20th Oct – cuppa and chat for parents of Secondary and Post 16 children and young people on the topic of PEERS and Therapies – book [here](#).

Future dates are as shown in the chart to the right. Details and booking links for these session are [here](#). 1:1 appointments can be requested on arrival at the session on a first come first served basis.

Thursday 10 th Nov 2022	Cuppa & Chat for parents of Early Years and Primary aged children	Toileting
Thursday 17 th Nov 2022	Cuppa & Chat for parents of Secondary and Post 16 children and Young people	Puberty
Thursday 8 th Dec 2022	Cuppa & Chat for parents of Early Years and Primary aged children	Self-Care
Thursday 15 th Dec 2022	Cuppa & Chat for parents of Secondary and Post 16 children and Young people	Autism and Identity

Dealing with conflict and challenging behaviours: Parent workshops

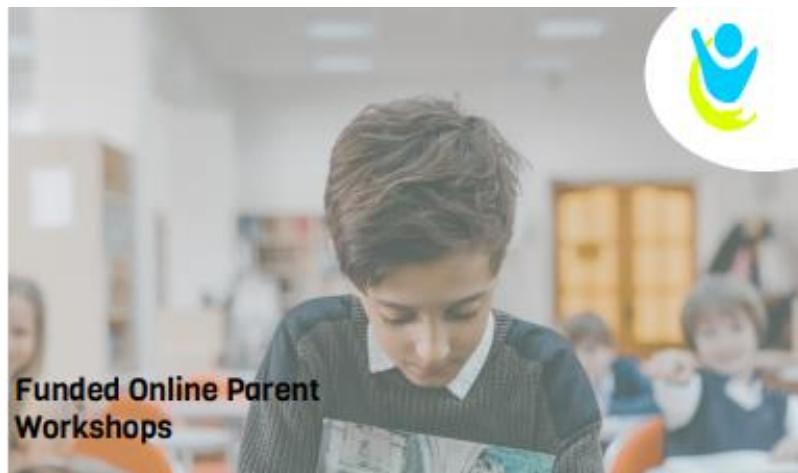
[Family Based Solutions](#) is an Enfield Charity specialising in supporting parents in dealing with conflict and challenging behaviour from their children and young people. Family Based Solutions are currently running free parent workshops via Zoom.

What you can expect:

- Real-life conversations about the highs and lows of parenting.
- Opportunity to learn and implement the solution-focused techniques when dealing with conflict or challenging behaviours.
- Meet parents facing similar challenges and a chance to create new support networks.
- A non-judgmental environment with useful and informal conversations that will benefit you and your family.

For more details contact Dev.

Email: admin@familybasedsolutions.org.uk



Funded Online Parent Workshops

The workshops are run by an FBS staff member and supporting by experienced co-facilitators. The workshops are once a week for 4 weeks via Zoom.

What you can expect:

- Real life conversations about the highs and lows of parenting.
- Opportunity to learn and implement the solution focused techniques when dealing with conflict or challenging behaviours.
- Meet parents facing similar challenges and a chance to create new support networks.
- A non-judgmental environment with useful and informal conversations that will benefit you and your family.

AM/PM workshops available

For more details contact Dev
admin@familybasedsolutions.org.uk

World Mental Health Day – 10th October



World Mental Health Day 2022

Make mental health & well-being for all a global priority

Next Monday 10th October will be World Mental Health Day. This year's theme is 'Make mental Health and Wellbeing for all a global priority'.

Have a look at our website news page [here](#) for resources on supporting your child's mental health and your own.

Updates from Contact

The following updates are from [Contact](#), the Charity for families of disabled children.

November dates set for low-income support payments

The second instalment of a £650 payment for those on means-tested benefits [will be paid between 8 and 23 November 2022](#), the government has confirmed.

The £324 payment follows an earlier payment of £326 that eligible families should have received in July. The government announced the total package of £650 in May 2022 to help low-income families through [the cost of living crisis](#).

SEND school transport in England: Your top 5 questions answered

Contact's SEN advisers answered [nearly 40 questions from parent carers during our recent Facebook Q&A](#) about school transport in England, making it one of our busiest SEN sessions yet.

You can read them all in [Contact's private Facebook Group for parent carers](#).

Don't miss Contact's autumn early years workshop dates!

Contact's workshops for families with younger children are back this autumn. They are running online workshops throughout October and November on early years entitlement, toilet training, speech and language and more.

Visit [the early years workshops page](#) to book your place now!

Contact are giving away £3,750 worth of weighted blankets and lap pads

Weighted products can be life-changing for people with autistic spectrum disorders and other conditions that affect how the brain deals with the information they receive from their senses. But due to the high cost, they are out of reach for many families.

That's why Contact are giving them away for free! To be in with a chance of winning one weighted product for your child, head to Contact's [Fledglings shop to enter](#). The closing date is Sunday 9th October 2022 and the winners will be picked at random. Good luck!

We hope that you have found our newsletter useful. If you have any feedback, or anything that you think we could be telling our families about, please let us know. Our contact details are:

Telephone [07516 662315](tel:07516662315) Email: info@ourvoiceenfield.org.uk

Website: www.ourvoiceenfield.org.uk

You can also follow us on our Facebook page at <https://www.facebook.com/ourvoiceenfield/> on [Twitter@EnfieldOurVoice](#) and on Instagram at <https://www.instagram.com/ourvoiceenfield/>



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