

<b>PSHE</b>	<b>Relationship Education</b>	<b>Year 4</b>	<b>Autumn 1</b>
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## Key Knowledge

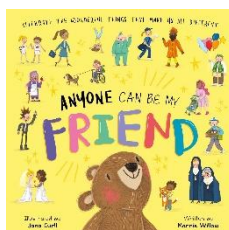
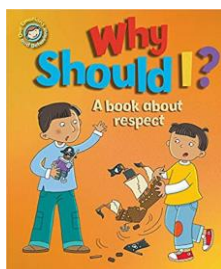
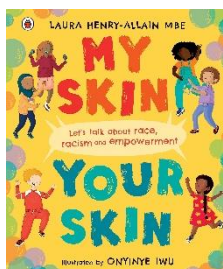
The importance of respect in friendships	<ul style="list-style-type: none"> <li>• The qualities of a good friend</li> <li>• Warning signs of problems in friendships</li> <li>• Different ways to show respect within friendship</li> <li>• How respect needs to be part of both online and offline relationships</li> </ul>
Different relationships	<ul style="list-style-type: none"> <li>• What different relationships they have in their lives</li> <li>• What qualities are similar throughout all different relationships</li> </ul>
Managing conflict	<ul style="list-style-type: none"> <li>• What common conflicts occur within friendships</li> <li>• What solutions and actions can help repair friendships</li> <li>• How to select the most appropriate response for different conflicts</li> </ul>
Celebrating diversity	<ul style="list-style-type: none"> <li>• What the word ‘diversity’ means</li> <li>• The range of differences that exist between people</li> <li>• The benefits of diversity</li> <li>• The difference ways to celebrate diversity</li> </ul>
Racism and discrimination	<ul style="list-style-type: none"> <li>• What racism means</li> <li>• How racist behaviour is also sometimes aimed at religion</li> <li>• How we can challenge racist behaviours</li> </ul>

## Statutory requirements

- That healthy friendships are positive and welcoming towards others.
- How to judge when a friendship is making them feel unhappy or uncomfortable and how to seek help or advice from others, if needed.
- That most friendships have ups and downs, and that these can often be worked through.
- Practical steps they can take in a range of different contexts to improve or support respectful relationships.
- The importance of respecting others, even when they are very different from them, or make different choices or have different preferences or beliefs.
- What a stereotype is, and how stereotypes can be unfair, negative or destructive.

## Key vocabulary

Spelling	Definition
Respect	To act in a way that shows you care about their feelings and well-being
Relationship	The state of being related or connected with someone or something else
Conflict	A struggle between people
Response	A reaction to someone or something
Diversity	The range of human differences
Racism	When someone is treated differently because of their race, ethnicity, nationality or colour
Discrimination	When someone is treated differently or unfairly because of things such as your age, gender, religion, race, disability etc.



## Books

Laura Henry-Allain	My skin, your skin
Sue Graves	Why should I?
Marnie Willow	Anyone can be my friend