



<b>P.E.</b>	<b>Games Invasion (Support play and formations)</b>	<b>Year 5</b>	<b>Autumn Term 1</b>
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## Skills

- Pass, dribble and shoot with control in games.
- Mark opponents and help each other in defence.

## Key Knowledge

Identify and use tactics to help their team keep the ball and take it towards the opposition goal.

Evaluate the effectiveness of the warm-up and cool-down.

## Sequence of Practical Experiences

develop and improve attacking and defending techniques

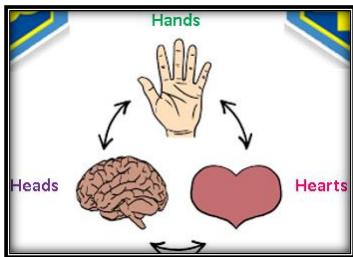
identify the need for different positions in a team and the role of these positions

develop ways to successfully mark an opponent

understand how to support team members in a game situation and evaluate success in a game

understand the importance of changing speed and direction to avoid defender and showing this as an attacker in your performance.

understand the importance of supporting team members and the benefits it brings to the team.



## Statutory requirements

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- compare their performances with previous ones and demonstrate improvement to achieve their personal best

## Prior Learning

- Play games with some fluency and accuracy, using a range of throwing and catching techniques
- Find ways of attacking successfully when using other skills
- Use a variety of simple tactics for attacking well, keeping possession of the ball as a team, and getting into positions to score

## Key Vocabulary

- Support
- Formations
- pitch / court
- effective
- Breathing faster, breathing slower

## Invasion Sports

