

Caterpillar-style Sandwiches

Equipment needed: butterknife, small round cookie cutter, 2 toothpicks, dinnerplate,

Ingredients:

6 slices of white or brown bread

Spreadable butter

1 medium sized tomato

A bit of green pepper

2 slices ham, 2 slices cheese, 2 slices chicken (Or you can use peanut butter, or marmite, or eggs, or a veggie spread. Just have 3 different fillings)

Method:

- Ask a parent for permission to make this recipe.
- Using the butterknife, carefully butter your 6 slices of bread.
- On 3 of your buttered slices, place your 3 different fillings. So, slices of ham on one buttered piece of bread, slices of chicken on another, and slices of cheese on the third one.
- Now place the remaining buttered bread on top to make sandwiches. (Buttered side goes downwards, facing the filling)
- Press very lightly, to stick it together.
- Using your round cutter you need to press down in the corner of one sandwich and cut out a circle. Make sure it goes all the way through the sandwich. You should get 4 circles out of each sandwich.
- When you have cut out 12 circles (with fillings and bread on both sides) arrange them standing up in a curvy line on the plate. (To make a caterpillar shape)
- Place the tomato at the front of the line. This is the head, and the sandwiches are the body.
- Cut out two small circles of cheese and 'glue' them on to the tomato using a bit of butter.
- Cut out even smaller circles out of the green pepper and glue them (using butter) on the cheese.
- Cut 2 long strips of green pepper for the antennae, and using toothpicks, attach them to the tomato.
- Have a fun lunch!