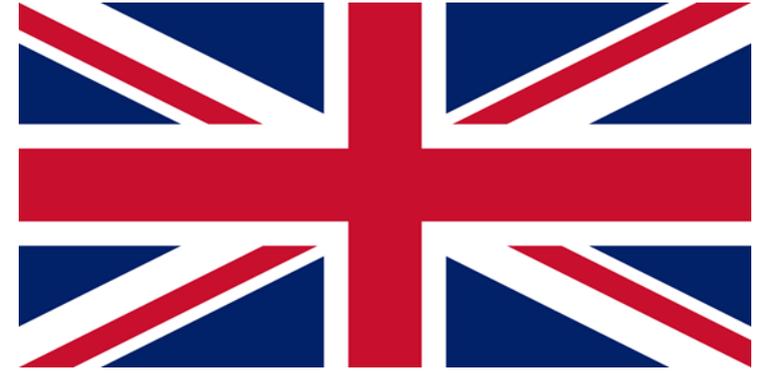


British Values



**5<sup>th</sup> February 2020**

**Rule of Law**

There will be times when governments or other organisations will put restrictions or things in place to protect us from the spreading of diseases.

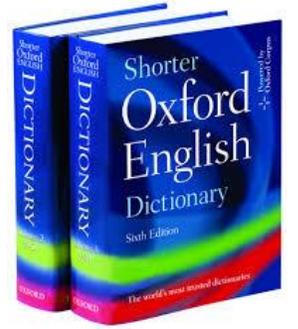


Picture  
News

3rd-9th February

**Who should decide  
what's best for our  
health?**

# This Week's Useful Vocabulary



- **Microscope** – a scientific instrument which makes very small things look bigger so more detail can be seen.
- **Outbreak** – when something suddenly occurs that is unwelcome such as disease or war.
- **Quarantine** – when people or animals are kept separately/in isolation usually because they have a disease.
- **Required** – a rule, it is compulsory.
- **Respiratory** – relating to breathing.
- **Virus** – a kind of germ that can cause disease.



# Healthy



What does  
healthy mean to  
you?



# KS1- World Health Organisation (WHO)



Have you heard of the World Health Organisation (WHO).  
What do you think they might do?

Protected  
Together

#VACCINESWORK



# KS1- World Health Organisation (WHO)



They want better health  
for everyone, everywhere.

# KS1- What Do You Do If You Are Feeling Unwell?

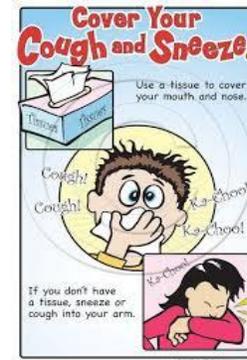
**Think about if there has ever been a time when we may not have been healthy e.g. if we were ill, hurt an ankle, had a headache because we were tired.**

**What did you do?**

**Did anyone help you to get better?**



# Follow Up- KS1- Poster



Can you think back to examples of when they were ill e.g. had a cough, cold, stomach-ache or a sickness bug.

- How did you feel?
- Do you know how you became ill?
- What did you do to get better?



We can catch things like colds and sickness bugs from each other. The germs that make us poorly can spread. Think about some of the things we might do to stop the spread of germs e.g. wash our hands, sneeze into a tissue, stay at home if we are really poorly, keep food surfaces clean.

## Create a poster to encourage people in your class and your school to reduce the spread of germs!

# Reflection



We are lucky to have so many people who care for us and want to help us remain healthy. It is important we take some responsibility too so we can keep our minds and bodies healthy and feeling good!